

1.st year

Curricular unit	Examples of objectives of the curricular unit	ECTS
Introduction to nursing	Situate nursing in the context of the professions, identifying their professional space and its social representation. Acquire skills in the implementation of the nursing process, in particular to the identification of diagnosis and prescribing interventions, using CIPE (ICNP).	6
Parenting	To acquire theoretical knowledge in the field of pregnancy, childbirth and puerperium. Develop skills that enable caregiving to the pregnant woman, puerperal and newborn. Analyse the main health problems in childhood and youth in the community context	6
Adult and Elderly Health	To identify and list the physiological changes related to the ageing process. To plan health promotion and disease prevention to the population of adults and seniors.	6
Psychology of health	Describe the normative patterns of psychological functioning in the major stages of development / life-cycle.	6
Introduction to clinical Practice I	Use nursing process as an organizational structure in nursing care.	6
Behaviour and relationship	To acquire knowledge and develop skills/attitudes to allow optimization of their relational component, empowering the student with resources to enable therapeutic procedures (diagnosis and intervention) in care provision to people throughout the life cycle and in people with communication disorders.	3
Socio-anthropology of health	To explore socio-cultural models in the nursing field to provide health gains.	6
Anatomy	To acquire knowledge and to understand the normal morphology of all the systems that comprise the human body, developing the ability to apply anatomical knowledge to the nursing procedures.	3
Physiology	To know and understand the molecular and physiological of cells and tissues.	3
Biochemistry & microbiology	To understand the cell as the functional unit of life.	3
Information in health	Describe the concepts of informotherapy, Health 2.0, eHealth, e learning and Telenursing.	3
Introduction to research	Critical and sustained analysis of a research report.	3
OPT Complementary therapies	Acquire knowledge and skills in the context of complementary therapies, for a holistic, global care to patients on three levels of prevention.	3
OPT Entrepreneurship	Entrepreneurship in the health sector: Nurse in the framework of entrepreneurial activity; entrepreneurship study cases in the health area.	3
OPT Personal and social development	Develop skills to act as mediator and agent of development and social changes within the individual and groups.	3
OPT European languages - spanish	Use the Spanish language with a communicative competence of level A2 of the Common European Framework of Reference for Languages.	3
OPT European languages – English	Acquiring specific health and nursing vocabulary to facilitate reading comprehension and communication in workplace.	3
OPT Intervention in Disaster	Action in disaster situations.	3

2.nd year

Curricular unit	Examples of objectives of the curricular unit	ECTS
Introduction to clinical practice III	Develop the ability to explain nursing clinical reasoning for clinical decision-making. Develop skills to incorporate the best evidence in clinical decision.	6
Introduction to clinical practice II	Develop critical reasoning as an instrument for assessing the coherence and consistency of decision-making. Know the reasoning processes involved in nursing care planning.	6
Body processes responses to disease II	Develop diagnosis assessments from the collected data, enabling differential diagnosis; Implement nursing therapies appropriate to the clinical condition of the patient. To distinguish the nursing phenomena related to functions: Nutrition; Digestion; Teguments; Motor Activity; Consciousness and sensations; Sleep and rest; Infection control.	6
The dependent person and family caregivers	The problem of dependence on self-care in the context of health-disease transitions. The nurse's actions centred on the supplement/complement to self-care activities that the dependent person does not start or complete.	6
Body processes responses to disease I	Acquire skills to enable the decision-making and problem-solving in the field of body processes and responses to illness.	6
Interdependent interventions	Develop theoretical skills, problem-solving and practices in the context of the interventions resulting from medical prescription.	6
Disease and treatment regimens management	Integrate the concept of self-management therapeutic regimen while self-care. Acquire knowledge and develop skills to act as a facilitator of the transition feature health-disease and the challenges of the disease process.	6
Pathology I	Understand the pathophysiological process that causes the more prevalent diseases onset (signs, symptoms, laboratory abnormalities), in an approach that enables its early diagnosis and interpretation, in order to anticipate the disease onset or complications.	6
Pathology II	Understand the pathophysiological process that causes the more prevalent diseases onset (signs, symptoms, laboratory abnormalities), of the psychiatric, gynaecological and obstetrical, paediatric and oncologic pathologies, in an approach that enables its early diagnosis and interpretation, in order to anticipate the disease onset or complications.	3
Pharmacology	Understanding general principles of pharmacology and pathophysiological bases of drug therapy: understand the general mechanisms of action of drugs, overall cycle in the body, and factors that influence the variability of individual and interindividual response.	3
Bioethics and nursing ethics	Acquire the ethic skills necessary to pursue professional practice of general care nurse.	3
Introduction to nursing management	Acquire skills that allow analysis, reflection and intervention in the process of service management and nursing care as general nurses.	3

3.nd year

Curricular unit	Examples of objectives of the curricular unit	ECTS
Clinical practice: medical units	Development of critical-reflective skills, articulation and integration processes of knowledge with clinical practice, promoting decision-making in nursing.	15
Clinical practices: surgical units	Ability to treat surgical wound and management of the postoperative period.	15
Clinical practices: family health	Develop skills to intervene with the individual and the family within their specific setting.	15
Clinical practice: parenting and pregnancy	Developing nursing skills on nursing diagnosis and intervention related to childbearing family and parenting.	7,5
Clinical Practice in community	To develop skills of general care nurse in primary health care.	7,5

4.nd year

Curricular unit	Examples of objectives of the curricular unit	ECTS
Clinical practice: mental health and psychiatry	Develop communication skills, in order to use therapeutic communication with in psychiatric care context.	15
Clinical practice: obstetric units	Know and apply the regulations in force in the service: procedures and admission protocols and patient discharge: natural birth and delivery protocols, waste separation, infection control procedures and others.	7,5
Clinical practices long-term care in nursing home	Coordinate and integrate knowledge mobilized in the development of general care nursing skills in the context of the National network of integrated long-term care.	7,5
Clinical practice: paediatrics	Identify needs/child's ability according to the stages of growth/development. Identify situations that require nursing care to clients as child/parents.	7,5
Clinical practices: continuing care in the community	To develop intervention skills to support the person and family in the context of the continuum of care.	7,5
OPT Clinical practice in hospitals settings	The development of general care nurse skills in the inpatient.	15
OPT Clinical Practice in community	Develop competencies of the general care nurse in the context of primary health care.	15